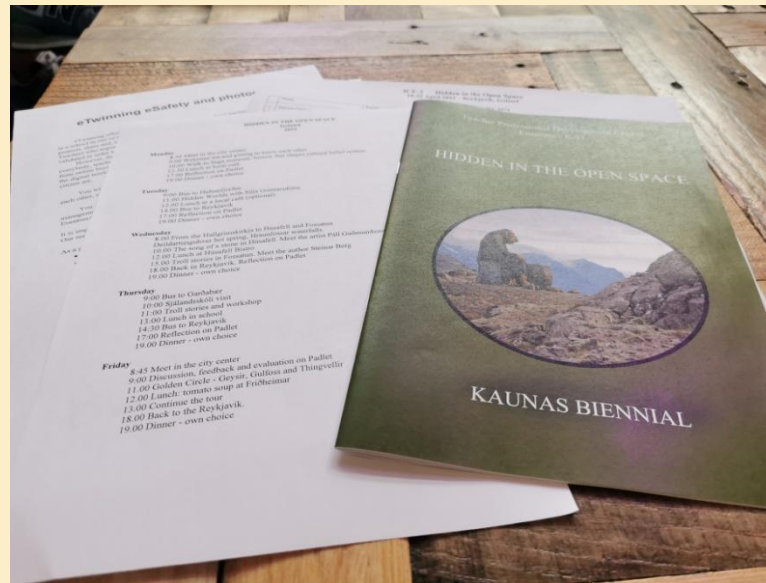


EB1/PE Visconde Cacong

Erasmus+ KA1
A School...in Europe
2019-1-PT01-KA101-60422



Hidden in the Open Space
18-22 abril 2022
Reykjavik-Islândia



Participantes:

Ana Vieira

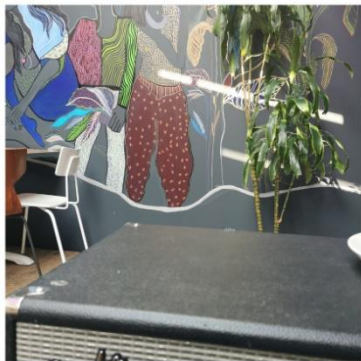
Gabriela Freitas

Rubina Silva

O processo de seleção dos participantes incidiu sobre os seguintes critérios de seleção:

- Capacidade de aprender e trabalhar em contexto intercultural,
- fluência em Inglês ou vontade de aprender,
- competências TIC,
- experiência profissional e realizações anteriores,
- extensão do envolvimento em atividades de preparação,
- vontade de implementar novos métodos e práticas,
- capacidade de disseminar os resultados de aprendizagem e clareza do plano de disseminação.





O curso “Hidden in the Open Space” promovido pela Kaunas Biennial, Course ID 3974, certificado com 35 horas (5 sessões), foi ministrado por Rita Štoskiene.

“To know and understand our own culture, we must learn to see it from the point of view of other cultures, comparing our customs and beliefs with those of other times and places.”

Claude Lévi-Strauss, French ethnologist



Sessão 1

- Património Cultural intangível em relação com a natureza

- O que é o património?

Tangível

Intangível

Natural

- O que é o património cultural intangível?



Visita ao Museu Saga



Hidden in the Open Space

• Introduction to the course: understanding intangible cultural heritage:

- - What is heritage?
- - What are the elements of cultural and natural heritage?

• Saga museum - history that shapes culture

Supplementary materials:

- Enlightment
- Belief in Elves Strong in Iceland - [National Geographic](#)
- Huldufolk 102 Trailer
- Documentary about the belief in Elves and Trolls in Iceland



Erasmus+
Enriching lives, opening minds.

Ana Vieira



Day 1

Today we started a new adventure: getting to now Iceland, a country with a great and hard history from what we have heard. We had the chance to view a part of that history at the visit to the Saga Museum and learn more about it.

We have learnt also the importance of cultural heritage in our lives and the role that teachers can play at the students learning abilities as an educational figure.

It will be rewarding to go back to Madeira and share these moments and the culture of Iceland with our students in comparison with ours.

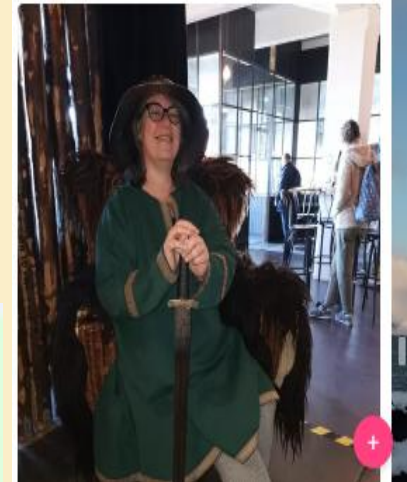
It has been a dream, as well, to visit the Blue Lagoon, one of the 25th wonders of the world and to share it with some of our colleagues!

Hello, everyone! Today I learnt about the importance of intangible cultural heritage. I learnt more about the story of Iceland, and I understood that Icelanders are a people who respect the Mother nature, and they privilege the simple and essential in life. I choose this photo because it was the place where I had the pleasure to meet everyone.



Gabriela

Rubina Silva



Rubina Silva

Today we started talking about Immaterial and material heritage, the importance of culture and its definition, which it's quite recent (around 1900) and how it's connected to other domains such as music, art, literature, gastronomy and identity.

I think it's important to preserve our national or regional heritage and also to be proud of it and pass it on to other generations.

Sessão 2

Alguns pensamentos sobre cultura



Hidden Worlds with Silja Gunnarsdóttir



Reading the nature

- Understanding culture: what is culture?
- International and intercultural exchange: visit the elf Capital Hafnarfjorður
- Hidden Worlds in Hellsgerði Park.

Supplementary materials:

- The Elf Garden

Ana Vieira



Today was a magical day because I had the opportunity to visit the magical city of hidden creatures, where everything in nature comes together! Here I learned how important it is to value this cultural heritage and how Icelanders do it so well! The magic of the stories we heard will always stay with me and I hope I can take it to my students!

The magic of the day also extended to the fact of seeing whales, wonderful beings that Nature gave us and that provided us an unforgettable show! Once again I learned that Nature can always surprise us!

Rubina



Today we talked and listen to stories about special hidden creatures like trolls, gnomes or elves. Most of the time they are hidden but when there's a need of some help they appear to help people. I consider that I have some special living creatures on my life, maybe not elves, gnomes or trolls but my friends & family. There are amazing creatures in the world who surprised us such the one we saw today - whale.

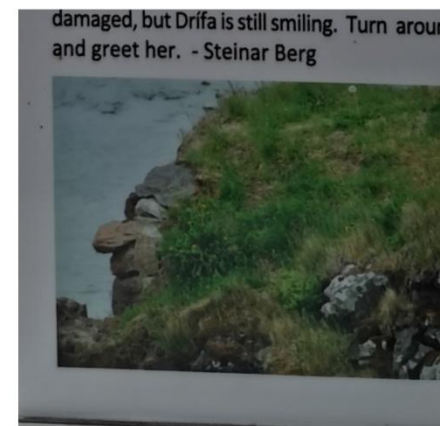
Gabriela



After today's activity there are three words that I highlight: respect, culture identity and prosperity. Iceland is a very organized and prosperous country. After the collapse of the economy in 2008, Iceland was a country that quickly got back on its feet economically, thanks to assertive government decisions. Yesterday, when I understood the respect with which the government takes care of the island's natural heritage and today, when I heard about the legends (are they legends?) about the mystical figures that make up the country's intangible cultural heritage, I reflected that, part of the education of the people and the prosperity of the country, are not just the result of governmental decisions with merely economic objectives, they are also the result of knowing how to respect and listen to the sounds that resonate from these two heritages, the natural and the mystical, without needing to see to believe.

Sessão 3

A ideia do folclore



Histórias de Trolls in Fossatún.
Encontro com o autor Stein Berg



In search of hidden words

- Respect for nature: interlacing nature of cultural heritage.
- Similarities and differences of nature beings in Europe.
- The song of a stone in Húsafell. Meet the artist Páll Guðmundsson.
- Troll stories in Fossatun. Meet the author Steinar Berg

Supplementary materials:

- Páll Guðmundsson
- Steinar Berg
- Protecting the nature.

Gabriela



Today I lived unique experiences, which allowed me to learn about the volcanic formation of the island, its relief, mother nature and its phenomena. I delved a little more into the mysticism that contemplates the Trolls, through an Icelandic writer. It was an intense day, full of significant learnings, which enrich me as a person and teacher. I am very grateful for the opportunity to participate in this course.

Ana Vieira



Day 3

The adventure through Icelandic lands continues! Today we started with the stories of the trolls interconnected with the surrounding nature and that fascinated me a lot! The story 'The Last Troll' will follow to Madeira in a book, so that my students can experience this magical world as well! I also lived one of the most exciting experiences of my life going down to the cave where the marks of time are a great highlight! The waterfalls were another outstanding element of the day! To be continued...

Rubina



Today i simply loved to listen to the troll stories, specially the one about the troll lady who was caught in daylight and turned out in stone but she was happy with that fact. She was smiling probably because she felt like she was at home, where she was comfortable and happy. She didn't mind to end like a stone, she just want to be happy. I think that we as humans beings should only stay in the place where we feel like the troll lady, happy!

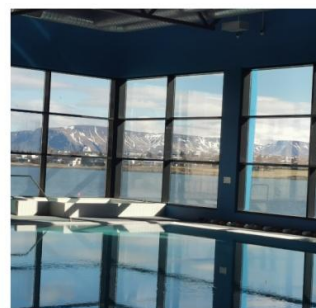
Sessão 4

O respeito pela Natureza



Troll workshop

Visita à escola Sjálundsskóli



Seeing unseen

- Folklore and nature across the cultures.
- Trolls in Iceland: stories and felting workshop.
- Develop a personal activity plan how to promote opportunities for children and young people to experience intangible cultural heritage related to nature.

Supplimentary materials:

- Hunting trolls in Iceland
- Christmas trolls



Day 4

Today was the day to visit an Icelandic school and see a completely different reality, so we can share it with our school, our students and our colleagues! We heard more stories about the fantastic trolls that populate this island and, with the help of an excellent teacher, we reproduced our own troll, using wool! It was another wonderful experience to share with our children!



Three sentences to define today's morning: what an extraordinary school! What interesting artistic activity and well integrated into Icelandic culture and traditions! How much hospitality! I love it.



Sessão 5

- Devemos preservar o património cultural?
- Como preservar o património cultural na era digital?
- Porquê a internacionalização?



Golden Circle: Geyser

Golden Circle: Gulfoss



PIC•COLLAGE

Visita a Fridheimar



PIC•COLLAGE

Golden Circle: Silfra



Golden Circle: Vidgelmir



Avaliação e entrega de certificados



Reflection & Evaluation

- Why should we safeguard cultural heritage?
- How to safeguard cultural heritage in digital age?
- Heritage cycle.
- Internationalization and the quality of education.
- Evaluation
- Golden Circle - myths about natural features.

Supplementary materials:

- [Sir Ken Robinson on education](#)
- [UNESCO World Heritage List](#)
- [World Heritage Education Programme](#)

Rubina



Such an amazing week! Another great learning experience with incredible people and a wonderful trainer. Attending this course in Iceland and getting embedded in its culture, history, nature and heritage its simply delightful... The respect for nature, how it's balanced, the importance of hidden creatures its just unbelievable, specially in nowadays.

Thanks!

Ana Vieira



Last day

The learning during this course has been immense. The contact with the local culture and with the Icelanders has allowed me to understand more and better the importance of preserving our cultural heritage. The magic of elves and trolls, combined with respect for nature, will stay with me throughout my life! This week in Iceland was unforgettable!

Gabriela no



It was the first time that I participated in an Erasmus+ program course. The experience exceeded my expectations. This course allowed me to deepen the concepts of tangible and intangible cultural heritage and the importance of each one in the cultural heritage of a country. Iceland is an island with a vast natural heritage and we were given the opportunity to get to know and understand it. The course was very well structured and sequenced. Throughout the 5 days of the course, all learnings were connected and interconnected. All the lessons learned in this course are applicable to the island where I live, the island of Madeira. I can also easily create activities for students based on the lessons learned in this course. I also learned about cultural diversity, biodiversity and respect for difference. Was an opportunity to feel the nature and places. Thanks for all.



Erasmus
participants from:

- Portugal
- Finland
- France
- Germany

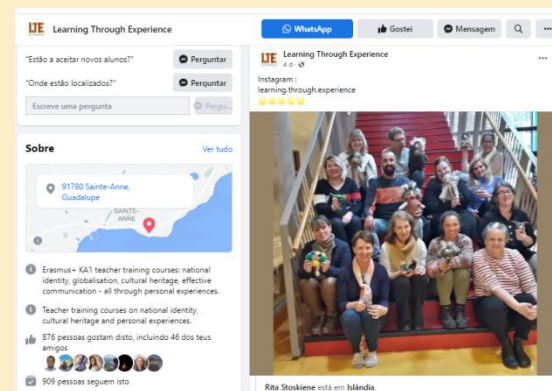
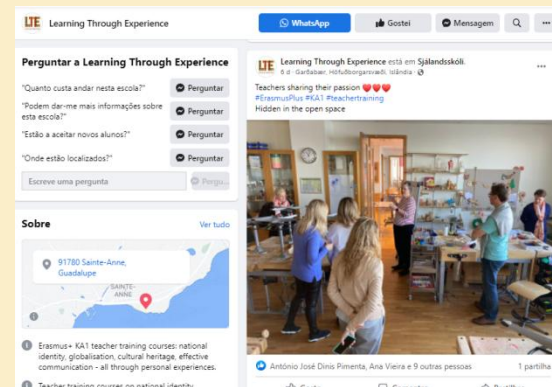
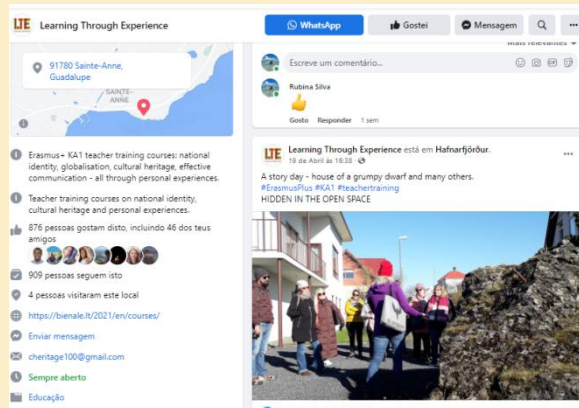
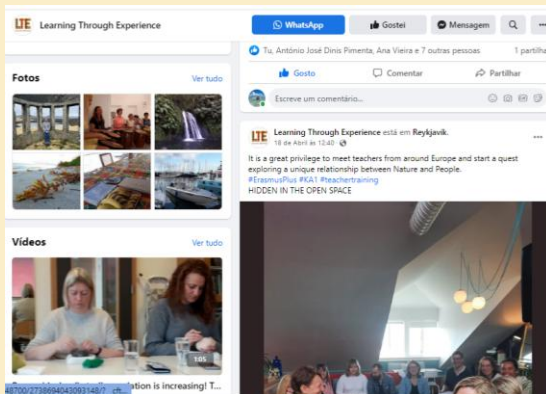


Link da nota de imprensa

<https://www.dnoticias.pt/2022/4/22/307538-eb1pe-visconde-cacongo-e-eb1pe-monte-em-formacao-na-islandia/>



Facebook page Learning Through Experience Course Organizer



Resultados obtidos:

- compreensão da importância do património cultural imaterial no contexto europeu;
- trabalho em cooperação com outros participantes;
- Participação no intercâmbio internacional e intercultural

